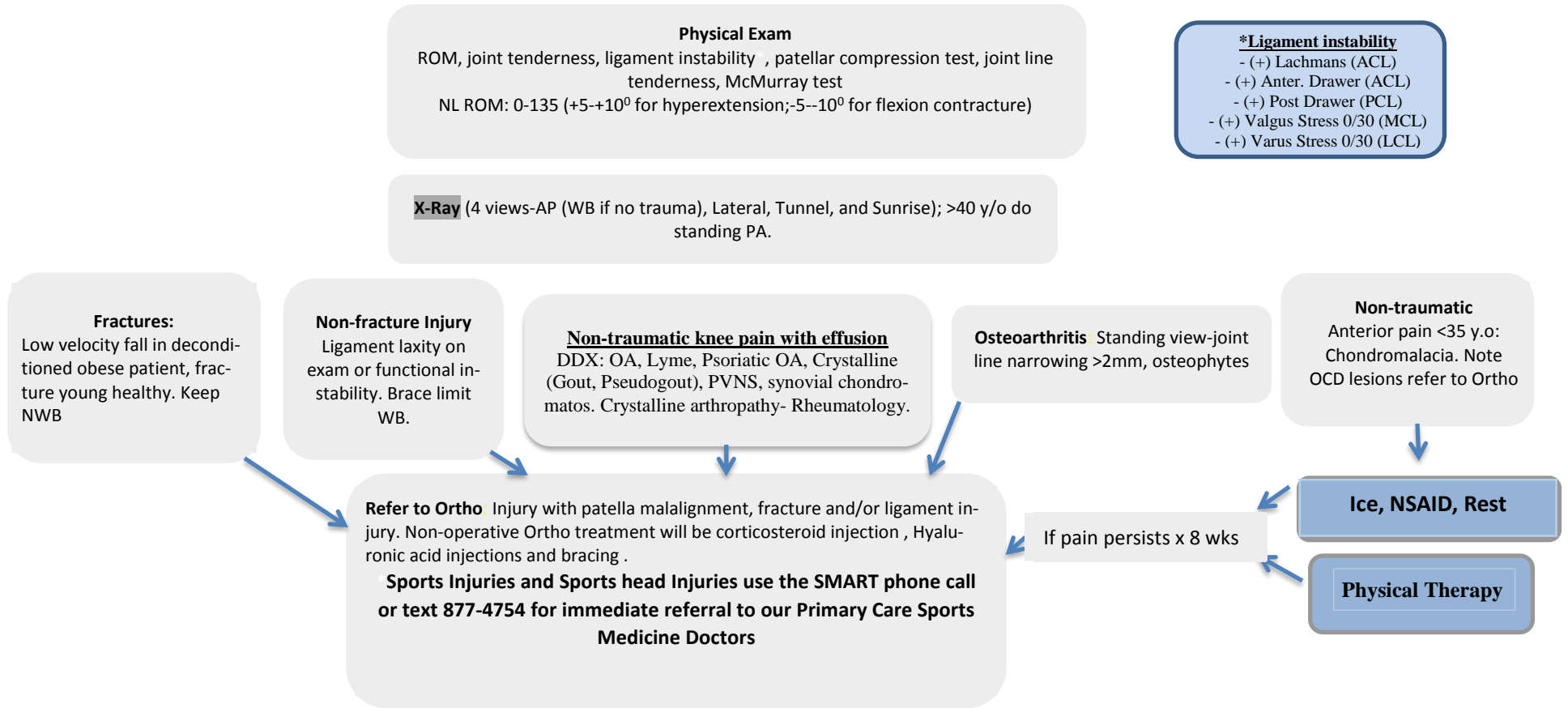


Evaluation of Knee Pain

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***Ligament instability**
- (+) Lachmans (ACL)
- (+) Anter. Drawer (ACL)
- (+) Post Drawer (PCL)
- (+) Valgus Stress 0/30 (MCL)
- (+) Varus Stress 0/30 (LCL)

Patient eligible for arthroplasty: radiographic evidence of advanced arthritis (> 2mm of joint space narrowing), unrelenting pain despite use of NSAIDs, steroid injections, Hyaluronic acid injections and bracing; no evidence of infection.

Delayed eligibility: Dental pain r/o infection, Diabetes with A1c > 7.5, BMI > 40, CHF NYHA class 4 (EF < 20%), angina within last 3 weeks, MI within last 6 months, Child Pugh class C, OSA score ≥3 needs sleep study prior to surgery. Ortho will tx with intraarticular corticosteroids, Hyaluronic acid injections, arthroscopy, PT and/or weight loss program.

- Ortho referral letter to include:
1. History and physical exam results, incl. any hx of Cancer
 2. Treatment to date incl. narcotic use
 3. Test results, incl. Lyme
 4. Expectations of referral (consult only, consult & treat, long term follow up)

ACL reconstruction: Dr. MacKechnie
Knee Arthroscopy: Drs Mancini MacKechnie, Golden, Ramirez, Rodger
Knee Arthroplasty: Drs Ramirez, Golden, Wexler, Aitken, Rodger
Rheumatology: Dr. Monaco, Dr. Raskin