Opioid Prescription Requirements

Department of Health and Human Services Maine People Living Safe, Healthy and Productive Lives

Ricker Hamilton, Acting Commissioner

Non-Exempt Opioid Prescriptions (less than 100 MME)

- "Acute" or "Chronic" must be written on the prescription:
 - o Acute = 7 day supply or less (After day 7, refill requires new prescription)
 - o Chronic = maximum of 30 day supply
- PMP check is required upon initial prescription, and every 90 days for as long as that prescription is renewed

Opioid Medication Exemption Codes - Information Required on Prescriptions (greater than 100 MME)				
Exemption Code	"Acute" or "Chronic"	ICD-10 Code	Day Supply	PMP Provider Check
A: Active and aftercare cancer treatment	Not required	Not required	30 Days	Every 90 Days
B: Palliative care**	Not required	Required	30 Days	Every 90 Days
C: End-of-life and hospice care	Not required	Not required	30 Days	Not required
D: Medication-assisted treatment	Not required	Not required	30 Days	Every 90 Days
E: Pregnant with pre-existing condition	Not required	Not required	30 Days	Every 90 Days
F: Acute pain with existing chronic pain	"Acute" on scripts for 7 days or less	Not required	7 or less	Every 90 Days*
G: Active tapering	Not required	Not required	30 Days	Every 90 Days
H: Opioid intolerance	Required	Not required	"Acute"= 7 days "Chronic"= 30 days	Every 90 Days*

^{*}Additionally require PMP check at initial prescription for acute condition

Veterinarian Prescriptions

- "For Animal Use", or similar indication, must be written on the prescription
- "Acute" or "Chronic" must be written on the prescription:
 - o Acute = 7 day supply or less (After day 7, refill requires new prescription)
 - o Chronic = maximum of 30 day supply
- PMP check is required upon initial prescription, and every 90 days for as long as that prescription is renewed
- Exemption codes are <u>not</u> required, regardless of MME
- Does <u>not</u> require ICD-10 code on script

<u>Statement regarding refills and missing elements on a prescription</u>: all Rx documentation elements that are <u>state-mandated</u>, but not federally-mandated, may be discussed with and documented by dispensers for Rx confirmation, and may not require the creation of a new prescription. Refills will continue to be allowed per DEA guidance.

^{**}Please see complete definition for palliative care in current use (https://legislature.maine.gov/statutes/22/title22sec1726.html)