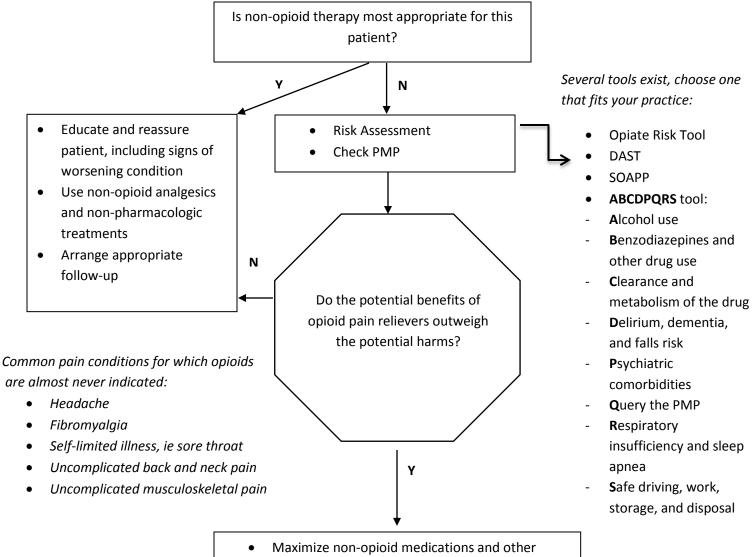
## RECOMMENDATIONS FOR OPIOID PRESCRIBING IN ACUTE PAIN



- Maximize non-opioid medications and other therapies
- Avoid prescribing more than 3 days' supply or 20 pills of low-dose, short-acting opioids unless situation clearly warrants additional opioid therapy (such as major surgery). All prescriptions are limited to a max of 7 days in Maine.
- Do not prescribe long-acting opioids for acute pain
- Caution in elderly
- Shared decision making; patient must be educated on risks and benefits of opioid pain medications and make an informed decision
- Arrange appropriate follow-up

## Adapted from: